

TU METAPAN RESTAURANT



LA MEJOR COMIDA SALVADOREÑA Y MEXICANA

ENCUENTRANOS EN:

295 BENNINGTON ST EAST BOSTON MA 02128

LUNES A JUEVES 9:00 AM - 9:30 PM

VIERNES, SÁBADO Y DOMINGO 9:00 AM A 10:30 PM

[HTTPS://WWW.TUMETAPANRESTAURANT.CO/](https://www.tumetapanrestaurant.co/)

HAZ TUS PEDIDOS

617 418-7383

VISA

MasterCard



DESAYUNOS/BREAKFAST

- *HUEVOS RANCHEROS.....\$12.95
Sunny side up eggs with salsa
- *HUEVOS PICADOS.....\$12.95
Scrambled Eggs
- *TÍPICO SALVADOREÑO.....\$12.95
Scrambled Eggs with tomatoes and onions.
- *HUEVOS PICADOS CON JAMÓN.....\$12.95
Scrambled Eggs with ham.
- *HUEVOS CON CHORIZO.....\$12.95
Scrambled Eggs with Mexican sausage.
- *HUEVOS CON PAPA.....\$12.95
Scrambled Eggs with potatoes.
- *SUPER DESAYUNO.....\$17.95
Grilled beef and scrambled eggs.

All breakfast includes refried beans, cream, cheese, avocado, fried plantain and 2 tortillas.

APERITIVOS/APPETIZERS

- *TACOS DE BIRRIA (ORDEN DE 3).....\$15.95
Three corn tortillas filled with birria (beef) w/onion, cilantro and mozzarella cheese, caldo on the side.
- *TACOS DE POLLO, ADOBADA Y RES.....\$3.50
Folded with tortillas with your choice of meat.
- *TAQUITOS SALVADOREÑOS DE POLLO.....\$10.75
Served with lettuce, tomatoes sauce and chesse.
- *BURRITOS DE RES, POLLO Y ADOBADA CON ENSALADA O PAPAS.....\$14.95
Flour tortillas wrap with rice,beans, lettuce, pico de gallo, cream, cheese and your choice of meat with salad or french fries.
- *QUESADILLA DE RES, POLLO Y ADOBADA CON ENSALADA O PAPAS.....\$14.95
Flour tortillas wrap with rice, beans, lettuce, pico de gallo, cream, cheese and your choice of meet with salad or french fries.
- *TORTA DE RES, POLLO Y ADOBADA.....\$14.95
Bread cut in half with beans, lettuce, pico de gallo, avocado, cream, cheese and your choice of meat with salad or french fries.
- *TOSTADA DE RES, POLLO Y ADOBADA.....\$5.00
Fried tortilla top with meat, refried beans, lettuce, Pico de Gallo, cream, cheese and avocado
- *GORDITA DE RES, POLLO Y ADOBADA.....\$5.75
Two tortillas filled with meat, beans, cheese, lettuce and tomatoes.
- *TAMALES DE CHIPILIN CON FRIJOLAS.....\$2.95
Corn dough with chipilin cooked with banana leaf and refried beans.
- *TAMAL DE ELOTE CON CREMA.....\$2.95
Corn tamal with cream.
- *TAMALES DE POLLO.....\$3.95
Corn dough with chicken, cooked with banana leaf.
- *ALITAS DE POLLO CON PAPAS.....\$10.95
Chicken wings with French fries.
- *POLLO ASADO CON TOSTONES.....\$12.95
Grilled chicken breast with tostones.
- *ORDEN DE CHICHARRON SALVADOREÑO.....\$11.25
Salvadorean pork pieces.
- *YUCA CON CHICHARRON.....\$12.95
Fried cassava with pork rinds.

CARNES/MEAT



PLATO ESPECIAL

- *CARNE ASADA.....\$17.95
Grilled beef served with rice, beans, salad and 2 tortillas
- *BISTEC ENCEBOLLADO.....\$18.50
Steak and sauteed, onion, served with rice, beans, salad and 2 tortillas.
- *TÍPICO MONTAÑERO.....\$18.95
Grilled beef, pork stripe, egg, rice, plantain, beans, salad and 2 tortillas.
- *CHURRASCO.....\$18.95
Steak served with green pepper, tomatoes, onions, sausage, rice, beans, salad, French fries and 2 tortillas.
- *CHURRASCO ARGENTINO.....\$18.95
Steak served with rice, beans, salad, sausage, cheese and 2 tortillas.
- *FAJITAS DE RES O POLLO.....\$18.50 (MIXTA, MIXED)....\$19.50
Chicken, beef or mixed fajitas
Served with rice, beans, salad, vegetables and 2 tortillas.
- *PLATO ESPECIAL.....\$24.95
Grilled beef, grilled chicken, shrimps, rice, beans, salad and 2 tortillas
- *SIRLOIN STEAK.....\$18.95
Served with vegetables, French fries and garlic bread
- *NACHOS DE POLLO O RES.....\$14.95
Nachos with beef or chicken
- *ENSALADA CON POLLO O RES.....\$14.50
Salad with chicken or beef
- *TACO SALAD DE RES O POLLO.....\$16.50
Taco salad with beef or chicken.
- *COMBINACIÓN DE TACOS.....\$15.95
Three tacos served with rice and beans.
- *ENCHILADA MEXICANA.....\$15.95
Mexican enchilada with rice, beans and salad.
- *CHULETA DE CERDO ENCEBOLLADA.....\$15.95
Pork chops and sauteed onions served with rice, beans, salad and 2 tortillas.
- *CHULETA DE CERDO ASADA.....\$14.95
Grilled pork chops served with rice, beans, salad and 2 tortillas
- *HIGADO DE RES ENCEBOLLADO.....\$15.95
Liver and sauteed onions served with rice, beans, salad and 2 tortillas
- *PARRILLADA METAPANECA.....\$36.95
(2 personas/2 people) Grilled beef, grilled chicken, shrimps, fried pork rinds, sausage, rice, beans, salad, fresh cheese and 4 tortillas.

POLLO ENCEBOLLADO



POLLO/CHICKEN

- *POLLO A LA PLANCHA.....\$15.95
Grilled chicken breast served with rice, beans, salad and 2 tortillas.
- *POLLO EMPANIZADO.....\$16.50
Breaded chicken breast served with rice, beans, salad, French fries and 2 tortillas.
- *POLLO ENCEBOLLADO.....\$16.50
Chicken with sauteed onions, with rice, beans, salad and 2 tortillas.
- *ALITAS DE POLLO COMPLETAS.....\$15.50
Chicken wings served with rice, beans, salad, French fries and 2 tortillas.
- *PLATO MIXTO.....\$16.95
One tamal, one pupusa, fried cassava with pork stripe, fried plantain, refried beans and cream.
- *POLLO EN CREMA.....\$14.95
Chicken in cream with rice, salad, beans and 2 tortillas.
- *GALLINA ASADA.....\$14.50
Served with rice, beans, salad and 2 tortillas.



CHICKEN WINGS CON PAPAS



PESCADO FRITO

CHICKEN WINGS COMPLETAS



PUPUSAS

- *PUPUSAS DE FRIJOL CON QUESO.....\$3.00
With beans and chese.
- *PUPUSAS DE QUESO CON LOROCO.....\$3.00
With cheese and loroco.
- *PUPUSAS DE CHICHARRON CON QUESO.....\$3.00
With pork and cheese.

MONTANERO



CAMARONES EMPANIZADOS

MARISCOS/SEAFOOD

- *CAMARONES AL AJO.....\$17.95
Shrimps in garlic served with rice, beans, salad and 2 tortillas.
- *CAMARONES EN SALSA ROJA.....\$17.95
Shrimps with red sauce served with rice, beans, salad and 2 tortillas.
- *CAMARONES EMPANIZADOS.....\$17.95
Breaded shrimp served with rice, beans, salad, French fries and 2 tortillas.
- *CAMARONES A LA PLANCHA.....\$17.95
Grilled shrimps served with rice, beans, vegetables, salad, French fries and 2 tortillas.
- *CAMARONES ASADOS.....\$17.95
Grilled shrimps served with rice, beans, salad, French fries and 2 tortillas.
- *CEVICHE DE CAMARONES.....\$16.95
Shrimp ceviche.
- *FILETE DE PESCADO EMPANIZADO.....\$13.95
Served with rice, beans, salad, French fries and 2 tortillas.
- *SALMON A LA PLANCHA.....\$18.95
Served with rice, vegetables and garlic bread.
- *PESCADO FRITO.....\$18.95
Tilapia served with rice, beans, sauteed tomatoes, salad, French fries and 2 tortillas.

These menu item are served raw. Consuming or undercooked poultry, seafood, shellfish and eggs may increase your risk of food borne illness, specially if you have a certain medical condition.



SALMON A LA PLANCHA

SOPAS / SOUPS

- *SOPA DE RES Beef Soup.....\$17.95
- *SOPA DE GALLINA Chicken Soup.....\$16.95
- *SOPA DE CAMARONES Shrimp Soup.....\$17.95
- *MARISCADA Seafood Soup.....\$31.00
Or market price
- *SOPA DE PESCADO Fish Soup.....\$17.00

All soups are served with rice and 2 tortillas.



MARISCADA



SOPA DE RES



SOPA DE GALLINA



EXTRAS / SIDE

- *QUESO Cheese.....\$2.50
- *CREMA Sour Cream.....\$3.00
- *ARROZ Rice.....\$3.95
- *FRIJOLES Beans.....\$3.00
- *PAPAS FRITAS French Fries.....\$3.50
- *AGUACATE Avocado.....\$4.00
- *GUACAMOLE.....\$5.00
- *PLATANOS FRITOS Fried plantain.....\$4.95
- *ENSALADA FRESCA Fresh salad.....\$4.95
- *CHICHARRON COLOMBIANO.....\$3.95
Colombian pork strips.
- *TORTILLAS.....\$0.50
- *TOSTONES.....\$4.50



POSTRES/DESSERTS

- *TRES LECHES.....\$4.50
- *TIRAMISU.....\$4.50
- *EMPANADAS DE PLATANO.....\$3.00
- *CHILATE CON NUEGADOS.....\$10.95
(nuegados, platanos, torrijas y chilate 100% salvadoreño)

BEBIDAS/BEVERAGES

- *CAN OF SODA.....\$2.50
- *SODA EN BOTELLA.....\$3.50
- *WATER.....\$1.95
- *COFFEE.....\$3.00
- *HOT CHOCOLATE.....\$3.50
- *ATOL DE ELOTE/CORN.....\$3.50
- *MILK SHAKES.....\$3.95
(strawberry, banana, papaya, pineapple, cantaloupe, mango/ fresa, banana, papaya, piña, melon, mango)
- *HORCHATA.....\$3.50
- *JUGO DE MARAÑON.....\$3.50
- *JUGO DE MARACUYA.....\$3.50
- *JUGO DE TAMARINDO.....\$3.50
- *JARRITOS/ MEXICAN SODAS.....\$3.50
- *PIÑA COLADA.....\$4.95

